

Avera Sports Medicine Educational Updates 2022

Managing Load in Achilles Tendinopathy: A Case Series Presented by Anthony Husher,
PT, DPT, SCS, CSCS

Live Activity

3/30/2022 12:00 PM to 3/30/2022 1:00 PM – Virtual (WebEx or Zoom)

Purpose

This series is designed to provide evidence based monthly educational opportunities to sports medicine health care professionals.

Physician Objectives

1 Provide overview of Achilles tendinopathy

Nursing Objectives

1 Identify evidence based information utilized to provide better care for the patients.

Athletic Training Objectives

1 Identify evidence based information utilized to provide better care for the patients.

2 Discuss expectations of Achilles tendinopathy

3 Treatment strategies for loading with Achilles tendinopathy

Outcome

60% of attendees will self-report an increased knowledge of the most updated research and practice methods by the end of the series.

Target Audience

Professions – Physician, Nurse - RN, Athletic Trainer, Nurse - Nurse Practitioner, Physician Assistant, Physical Therapist, Chiropractor, Nurse -LPN/LVN

Completion Requirements

Attend activity

Complete evaluation

Accreditation & Credit Designation

Physicians

Avera is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Avera designates this educational activity for a maximum of **1.00 AMA PRA Category 1 Credits(s)[™]**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses (NCPD)

Avera is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. A total of **1.00** contact hours can be received upon completion of this education activity. Attendance at the entire educational activity is required to receive contact hours.

Athletic Training

Avera (BOC AP#2910) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of **1.0** Category A Hours/CEUs. ATs should claim only those hours actually spent in the educational program.

Disclosure Policy

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of commercial interest/Nature of relationship
Jonathan Buchanan, MD	Content Expert - Committee Member	Nothing to disclose - 01/03/2022
Anthony Husher, DPT	Faculty	Nothing to disclose - 01/31/2022
Dustin Gebur, MEd, ATC	Lead Planner	Nothing to disclose - 12/30/2021
HANNAH BUUS, RN	Nurse Planner	Nothing to disclose - 12/17/2021

